

INTERVIEW WITH ACTRESS, ENVIRONMENTALIST AND MOM, KELLY RUTHERFORD



Kelly Rutherford may have played a flawed mother character on the hit television show “Gossip Girl,” but in real life, her adorable kids, Hermes and Helena, have one uber-devoted parent. Not only is Rutherford an advocate of multiple children’s charities, including Healthy Child Healthy World, but she lives an organic and green lifestyle as an avid environmentalist. Today, Rutherford shares her thoughts on motherhood with us, as well as the best Mother’s Day products from her AHA!ife curations.

What do you admire about mothers?

Everything. I think everyone who is a mother deserves the utmost love support and respect.

What memories do you have of your mother as a child?

I always wanted to be close to her and how hard she worked for us.

How do you try to be a role model for your son and daughter?

I think of the type of people I want them to grow up to be, and I try to be a good example of that.

What is the importance of leading an environmentally friendly lifestyle to you? How do you incorporate it into a busy life as an actress?

The one thing we can control is our home environment. To have the healthiest foods and most non-toxic products are very important.

What are your favorite products designed by women who are mothers?

There are a lot of organic foods and products now being designed by moms trying to make the world a better place for their children.



Vermeil Constellation Necklace

by Ella Poe



Kactus Series Bowl

by LMBRJK

Green Onyx Drop Earrings

by J/Hadley Jewelry

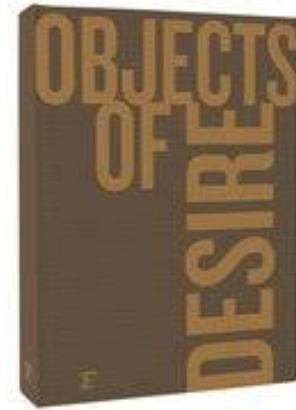


Geneva Sound System Model XL

by Geneva Sound

Acrylic Candy Bowl

by Alexandra Von Furstenberg



Objects of Desire

by Faramah